

30-Day Curiosity Quest

Instructions:

1. Each day, write down **one curiosity-driven question** that came to mind.
2. Record how you solved it or found the answer:
 - **Self-Research** – Google, books, courses, AI tools
 - **Asked a Peer** – Colleague, teammate, mentor
 - **Asked a Leader** – Manager, senior professional, expert
3. Upload your **work-in-progress tracker** to the LMS at the end of **7 days**.
4. Continue the challenge for **30 days** and upload your **completed tracker** at the end of the challenge.

Example:

Date	Question	How I Found the Answer	Key Learning
DD/MM	What is the best way to optimize a database query?	Self-Research (Google)	Indexing improves query speed
DD/MM	How do senior developers handle code reviews?	Asked a Peer	Focus on clarity, maintainability, and logic



30-Day Curiosity Tracker

Day&Date	Curiosity Question	How I Found the Answer (Self-Research / Peer / Leader)	Key Learning
Day 1			
Day 2			
Day 3			
Day 4			
Day 5			
Day 6			
Day 7			
Review & Upload	Work-in-progress tracker uploaded to LMS		
Day 8			
Day 9			
Day 10			
Day 11			



Day 12			
Day 13			
Day 14			
Midway Check-in	Reflect on progress so far		
Day 15			
Day 16			
Day 17			
Day 18			
Day 19			
Day 20			
Day 21			
Day 22			
Day 23			
Day 24			
Day 25			
Day 26			



Day 27			
Day 28			
Day 29			
Day 30			
Final Reflection & Upload	Completed tracker uploaded to LMS		

Tip: If a task feels too big, break it down into a smaller, achievable step. 🧐

