

## 7-Day 'I Do What I Say' Challenge

## **Instructions:**

- Each morning, write down one professional task you will complete today. (More the Merrier!)
- 2. At the end of the day, mark it as **Done or Not Done** and reflect on any challenges.
- 3. Track your progress daily and upload the completed template on the LMS at the end of the week.

## **Examples of Tasks:**

- Fix a minor UI bug
- Learn and try one new Git command
- Write meaningful comments for an existing function
- Review and give feedback on a teammate's code





## 7-Day Accountability Tracker

	One Task I Will Complete		
Day&Date	Today	Done / Not Done	What Helped / What Blocked Me?
Day 1			
Day 2			
Day 3			
Day 4			
Day 5			
Day 6			
Day 7			

Be honest about what you get done and not done – this is for your own growth!

