



Rapid Fire Round

Take a moment to think about these quick questions. There is no right or wrong answer — just share your honest thoughts!

1. What is one small action of respect you wish more people practiced at work?

(Think about small actions that make you feel valued — like listening without interrupting, giving people space, or giving credit where it's due.)

Acknowledge their points of view and value their time.

2. If your team was stranded on a deserted island, what's the one strength each person would bring to help everyone survive?

(Imagine your teammates in a survival scenario — Who would lead? Who would stay calm? Who would figure out how to find food?)

Figure out how to find food , water and other ways to survive on a deserted island.





3. How do you feel on a Sunday evening knowing you have work the next day?

(Be honest! Excited? Nervous? Drained?)

If Sunday evening was relaxed, then definitely next day would feel more energetic to

to start new work and tasks



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